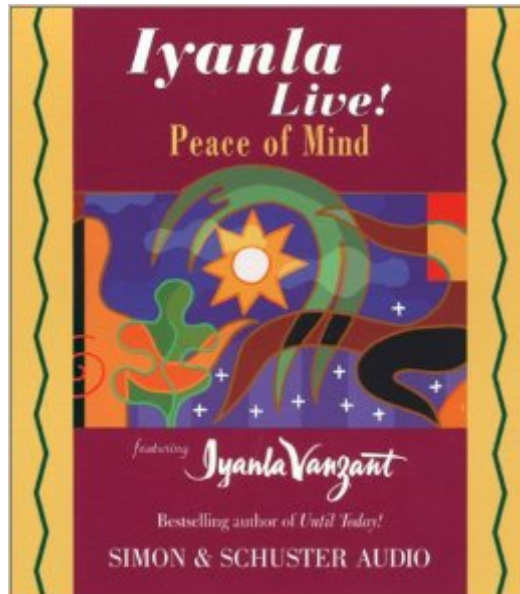


The book was found

# Iyanla Live Peace Of Mind



## Synopsis

In this live recording Iyanla Vanzant shares how we can use Peace of Mind to meet the frantic pace of modern life. Iyanla teaches us how to stay in a constant state of peaceful stillness so we won't be knocked off-center. By exercising the three laws of physics -- Inertia, Proportional Force, and the Law of Action -- we can hold our center in the face of a crazy world. Iyanla reminds us that no matter how much our Peace of Mind is challenged, we will have peaceful days.

## Book Information

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Audio CD

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Product Dimensions: 5.7 x 5 x 0.5 inches

Shipping Weight: 3.8 ounces

Average Customer Review: 5.0 out of 5 stars Â Â See all reviews Â (2 customer reviews)

Best Sellers Rank: #5,880,803 in Books (See Top 100 in Books) #25 in Â Books > Books on CD > Authors, A-Z > ( V ) > Vanzant, Iyanla #4325 in Â Books > Books on CD > Health, Mind & Body > Self Help #4352 in Â Books > Books on CD > Health, Mind & Body > Personal Growth

## Customer Reviews

The CD is worth it's weight in gold. Iyanla once again gives you insight and new understanding on how to achieve peace of mind. I would recommend that anyone who needs a renewing of the mind and the spirit buy this CD.

I love anything by Iyanla Vanzant...She is so motivating and inspiring I try to read or listen to everything she has done and Iha never been disappointed in her work

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